

October Newsletter

FAMILY MATTERS ACFRC

10 Middle Rd, Lawrencetown,
Nova Scotia, B0S 1M0.



Phone (902) 584 2210
www.family-matters.ca



BUILDING HAPPY, HEALTHY FAMILIES!

Our office is open: Monday - Friday 8am - 3pm

Family Matters - The Annapolis County Family Resource Centre is a non-profit organization in Annapolis County. Our Mission is to develop, co-ordinate & deliver programs, services & supports that are proven to promote the health & well being of children aged 0 - 18yrs and their families, guardians & caregivers in Annapolis County.

What's happening this October

We have an action packed month full of parent-time & regular playgroups, our NEW Create & Play, afternoon Story Walks with Miss Penny, cooking programs, baby groups and more for you to enjoy!

Fatherhood Matters starts back this month (Oct 1st) and will now be at 5:30 - 7:30pm on the 1st Thursday of every month.

Sign up is required for events listed in blue on the calendar as spaces may be limited for some of these programs.

Call us on 902 584 2210 or message our FB Page to sign up.

Family Matters team 

Featured group

This month come and try our Middleton Playgroup in it's NEW location at the MacDonald Museum! No Sign up required!

Program: Middleton Playgroup

For: Parents & Caregivers with their babies & children of all ages

When: Every Thursday morning from 10 -11:30am

Where: @The MacDonald Museum, 21 School St, Middleton.

Parents, caregivers and their children come together for a morning of fun, conversation & play! We have a wide variety of toys, dress up to play with, a different craft every week along with our always popular playdough and more!

About half way through group we take a break to offer all children attending a healthy snack & then finish up with a circle time of stories & songs at the end!

FREE to attend & NO SIGN UP required. Come and drop in for a morning of fun!



October Events

Oct 1, 8, 15, 22 & 29: Middleton

Playgroup 10 - 11:30am

@MacDonald Museum, 21 School St, Middleton

Oct 1: Storywalk with Miss Penny

1:30 - 2:30pm @Old Mill Trail, 213 Adam Drive, South Farmington

***Oct 1:** Fatherhood Matters

5:30 - 7:30pm @FM Lawrencetown

(Sign up required - Call Fatherhood Matters at 902 679 9350 or email coldford@fsens.ns.ca to sign up).

Oct 2: No Programs - FHCC

Professional Development Day

***Oct 5, 19 & 26:** Lawrencetown

Parent Time Learn to Can

9:30 - 11:30am (Sign up now closed)

@Lawrencetown United Baptist Church, 430 Main St, Lawrencetown

***Oct 6, 13, 20 & 27:** Junior

Kindergarten 9:30 - 11:30am @FM Lawrencetown (Sign up required)

Oct 6, 13, 20 & 27: Baby Group

1pm - 2:30pm @FM Lawrencetown

***Oct 7:** Bridgetown Create & Play

Group - Felt Board Stories

10 - 11:30am @Bridgetown Library, 38 Queen St, Bridgetown (Sign up required)

***Oct 7, 14, 21 & 28:** Prenatal (6wk

Course) 6 - 8pm @FM

Lawrencetown (Sign up required)



Create and Play



Dates and Locations

Oct 7th - Bridgetown Library - Felt boards

Oct 14th - Middleton - Pumpkin Fun

Oct 21st - Bridgetown - Playdough

Oct 28th - Middleton - Halloween Craft



PLEASE REGISTER BY CALLING 902-584-2210

OR MESSAGE THE FACEBOOK PAGE



Come out and join us for a fun time learning,
playing and creating! Free Healthy Snack!



October Events Continued

Oct 8, 15 22 & 29: Post Partum Mental Health & Wellness 10am - 12pm @FM Lawrencetown (Sign up required)

Oct 8: Storywalk with Miss Penny 1:30 - 2:30pm @Jubilee Park, Bridgetown

Oct 9, 16 & 23: Baby group 9:30 - 11:30am @FM Lawrencetown

Oct 9, 16 & 23: Annapolis Royal Parent-time & Playgroup 10 - 11:30am @Annapolis Royal Library, 143 Ritchie Street, Annapolis Royal

Oct 12: Closed - No Programs

HAPPY THANKSGIVING!

***Oct 14:** Middleton Create & Play - Pumpkin Fun 10 - 11:30am @Middleton Library, 45 Gates Ave, Middleton (Sign up required)

Oct 15: Storywalk with Miss Penny 1:30 - 2:30pm @CARP Wetland, Middleton

***Oct 19:** Book Club 6 - 7:30pm @FM Lawrencetown

***Oct 21:** Bridgetown Create & Play Group - Playdough 10 - 11:30am @Bridgetown Library, 38 Queen St, Bridgetown (Sign up required)

Oct 22: Storywalk with Miss Penny 1:30 - 2:30pm @Boardwalk in Annapolis Royal

***Oct 28:** Middleton Create & Play Group - Halloween Craft 10 - 11:30am @Middleton Library, 45 Gates Ave, Middleton. (Sign up required)

Oct 26: Board Meeting 12:30pm @FM Lawrencetown

Oct 29: Storywalk with Miss Penny 1:30 - 2:30pm @Rotary Park, Middleton

***Oct 30:** Halloween Event 10 - 11:30am @Spurr Brothers Farm, 14145 Highway 1, Wilmot (Sign up required)

Upcoming November Events

***Nov 2 & 9:** Lawrencetown Parent Time - How to make fancy cakes (2wk Course) 9:30 - 11:30am @Lawrencetown United Baptist Church, 430 Main St, Lawrencetown (Sign up required)

***Sign up required for above programs in blue!**

Need a drive to come to our groups & events?

Limited FREE transportation may be available on request. Call our main office on 902 584 2210, message our FB Page or call/email Rebecca Dillman our transportation manager at: 902 824 0085 or email rebecca.familymatters@gmail.com

Family Matters presents Storywalk Thursday's With Miss Penny!

THURSDAY AFTERNOONS

1:30 - 2:30pm

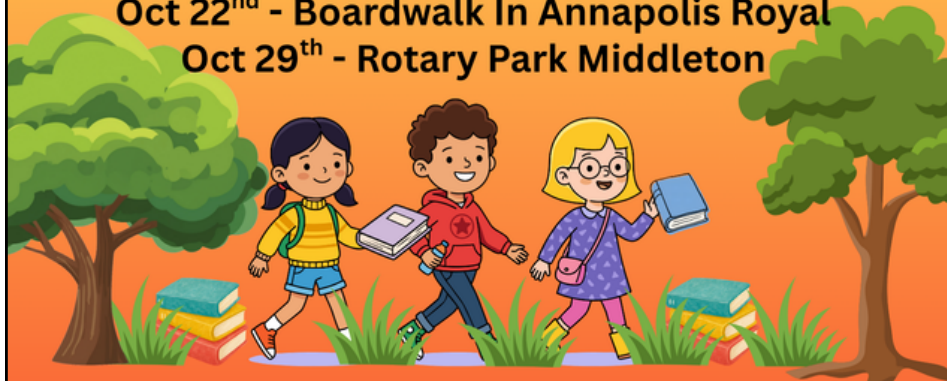
**Oct 1st - Old Mill Trail, 213 Adam Drive,
South Farmington**

Oct 8th - Jubilee Park

Oct 15th - Carp Wetlands Middleton

Oct 22nd - Boardwalk In Annapolis Royal

Oct 29th - Rotary Park Middleton






DESIGN WITH DAD!



Dads, male-identifying caregivers, uncles, grandfathers, and children 4+ Join us for an afternoon of designing canvas hats and bags!

Thursday, October 1
5:30-7:30pm
Lawrencetown Consolidated School
10 Middle Rd, Lawrencetown, NS
Supper provided!

Registration Required!
Contact Cindy:
coldford@familyservicens.ca
902-679-9350

If transportation is a barrier, assistance may be available.



Fancy Cakes



Come and learn how to bake a cake and then make it a special occasion cake by decorating it with fondant icing.

FREE TO ATTEND 9:30 - 11:30AM MONDAY
Childcare available on site **NOVEMBER 2ND & 9TH**

@The Lawrencetown United Baptist Church,
430 Main St, Lawrencetown

Pre Registration Required:
Call us or message our Facebook Page to sign up.
902 584 2210



Parent Time Play Groups

Parents & Caregivers meet together for parenting advice, crafts, guest speakers, coffee and more while children are cared for in a play based environment and enjoy playtime, art, healthy snack, story time & more! FREE to attend & no sign up required.

Annapolis Royal Parent Time & Playgroup:
Friday mornings from 10 - 11:30am @Annapolis Royal Library

Lawrencetown Parent Time & Playgroup (Currently - Learn to Can Course for Sept & Oct: Monday Mornings 9:30 - 11:30am @Lawrencetown United Baptist Church, 430 Main St, Lawrencetown.



Parent/Caregiver & Baby/Child Interactive Playgroups

Join us at any of our parent/caregiver & baby/child interactive playgroups for playtime, art, healthy snack, story time and more. FREE to attend & no sign up required.

Create & Play!

Wednesday mornings 10 - 11:30am @Middleton Library or Bridgetown Library (alternating Wednesdays). Each week you and your children will learn and create a different educational activity together that you can take away to have fun with at home.

Middleton Playgroup

Thursday mornings 10 - 11:30 @The MacDonald Museum, 21 School St, Middleton.

Baby Mother Goose

Tuesday afternoons 1 - 2:30pm & Friday mornings 9:30 - 11:30 at FM Lawrencetown. Moms, Dads, Caregivers and their babies (up to 18m) meet together to enjoy playtime, crafts, songs, rhymes, parenting discussions, occasional guest speakers, and more.

Registered Programs

***Please call us on 902 584 2210 or message our Facebook Page to register for these programs.**

Book Club

2nd or 3rd Monday of the month from 6 - 7:30pm at Family Matters, Lawrencetown.

Join us once a month for the discussion on last month's book. Books are provided and childcare available on site.



Jr. Kindergarten Kids

Tuesdays 9:30-11:30am at Family Matters, Lawrencetown

A registered program for children starting pre-primary or primary in Fall 2027. They will enjoy a play based learning environment with stories, songs, crafts, games and more. Childcare is available for siblings and parent time program for moms and caregivers.



Family Matters Services

Ongoing as needed throughout the year

Lending Library

Come visit our main location or ask staff about our children's books, toys, resources and breast pump lending opportunities.

Car Seat Technicians

Need help installing a car seat? Want your car seat checked to make sure it is installed properly? Contact Rebecca, Ayla or Fiona to help you out at 902 584 2210 or message our FB page.

Mother Hubbard's Cupboard

Our community cupboard has moved off site. We have clothing, diapers, food & other baby items available. Open by appointment on Tuesdays, Wednesdays & Thursdays from 11am - 2pm. Call us or message our FB page to set up a time to visit. If you have anything that you would like to donate please check with staff.

Parenting Journey

Parenting Journey home visitors visit families in their homes (as requested by families) and offer support in the following areas: child/youth well being and development, parenting, family life management and community connectedness, linkages and referrals.

Drop in Play

@ Family Matters when playroom is available. Need a change of scenery? Just want to get out of the house. Drop in to Family Matters playroom for some playtime. Call ahead to make sure playroom is available.

Need to get in touch?



Contact us
by email:-

Miss Denise:

denise.familymatters2018@gmail.com

Miss Billie Jo:

billiejofamilymatters@gmail.com

Miss Jen:

jencfamilymatters@gmail.com

Miss Penny:

penny.familymatters@gmail.com

Miss Ayla:

aylamedicraft.p.j@gmail.com

Miss Rebecca:

rebecca.familymatters@gmail.com

Miss Fiona:

fiona.familymatters@gmail.com

Miss Paige:

paige.familymatters@gmail.com

Miss Colleen:

fhccfmannaco@gmail.com

Miss Katharine:

fhccfmlunco@gmail.com

Mr. Jonathan:

bookkeeperfm@gmail.com

Family Home Child Care Agency

Do you love working with children? Want to stay home with your children? Family Home Childcare is currently recruiting care providers!

Family Home Childcare gives you the opportunity to be self employed and work from the comfort of your own home by caring for children in the safe, healthy, home based environment that you create.

What are some of the Benefits of being a Regulated Family Matters Home Child Care Provider?

- Being 'approved' allows families peace of mind that you meet established standards through regular monitoring.

- Expenses are eligible to claim on income tax
- Approved providers can provide ALL families with fee reductions and subsidy to those who qualify
- Most equipment needed for approval is lent FREE of charge by the Family Home Childcare Agency.
- Resources & support from our Family Home Childcare Consultant
- Grants - Most start up costs can be helped through grants for: First Aid/CPR Level C, grocery start up etc.
- You set your own fees, hours, policies & daily routine!

Find more info at:-

www.familyhomechildcarens.ca

Family Home Child Care Providers

Going back to work? Need child care? Get in touch with our consultant to find an approved home in both Annapolis & Lunenburg Counties.

All Family Matters Homes Child Care Homes are supported by our consultants.

- For Annapolis County enquiries call Colleen Jodoin on 902 824 4249 or email: fhdcfamilymatters@gmail.com
- For Lunenburg County enquiries call Katharine Wile on 902 521 2757 or email fhccfmlunco@gmail.com



October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday
/ Sunday

All programs are FREE to attend  Sign up required  Parent Time Playgroups  Parent/Child Interactive Playgroups			1 Middleton Playgroup 10 - 11:30am (new location) @MacDonald Museum, 21 School St, Middleton Storywalk with Penny 1:30 - 2:30pm @Old Mill Trail, 213 Adam Drive, South Farmington *Fatherhood Matters 5:30 - 7:30pm @FM Lawrencetown (Sign up required - Call Fatherhood Matters at 902 679 9350 or email coldford@fsens.ns.ca to sign up).	2 No Programs FHCC Professional Development Day	3/4
5 *Learn to can #4 9:30 - 11:30am @Lawrencetown United Baptist, 430 Main St, Lawrencetown (sign up now closed)	6 *Junior Kindergarten 9:30 - 11:30am @FM Lawrencetown (Sign up required) Baby Group 1 - 2:30pm @FM Lawrencetown	7 *Create & Play - Felt Boards 10am - 11:30am @The Devenney Room, Bridgetown & Area Library, 38 Queen St, Bridgetown *Pre Natal Session #3 6 - 8pm @FM Lawrencetown	8 Middleton Playgroup 10 - 11:30am (new location) @MacDonald Museum, 21 School St, Middleton *Post Partum Mental Health & Wellness Session #1 10am - 12pm @FM Lawrencetown (Sign up with Public Health) Storywalk with Penny 1:30 - 2:30pm @Jubilee Park, Bridgetown	9 Baby Group 9:30 - 11:30am @FM Lawrencetown Annapolis Royal Parent-time & playgroup 10 - 11:30am (new location) @Annapolis Royal Library, 143 Ritchie Street, Annapolis Royal	10/11
12 CLOSED Happy Thanksgiving  No Programs	13 *Junior Kindergarten 9:30 - 11:30am @FM Lawrencetown (Sign up required) Baby Group 1 - 2:30pm @FM Lawrencetown	14 *Create & Play - Pumpkin Fun 10am - 11:30am @Middleton Library, 45 gates Ave, Middleton *Pre Natal Session #4 6 - 8pm @FM Lawrencetown	15 Middleton Playgroup 10 - 11:30am (new location) @MacDonald Museum, 21 School St, Middleton *Post Partum Mental Health & Wellness Session #2 10am - 12pm @FM Lawrencetown (Sign up with Public Health) Storywalk with Penny 1:30 - 2:30pm @CARP Wetland, Middleton	16 Baby Group 9:30 - 11:30am @FM Lawrencetown Annapolis Royal Parent-time & playgroup 10 - 11:30am (new location) @Annapolis Royal Library, 143 Ritchie Street, Annapolis Royal	17/18
19 *Learn to can #5 9:30 - 11:30am @Lawrencetown United Baptist, 430 Main St, Lawrencetown (sign up now closed) *Book Club 6 - 7:30pm @FM Lawrencetown	20 *Junior Kindergarten 9:30 - 11:30am @FM Lawrencetown (Sign up required) Baby Group 1 - 2:30pm @FM Lawrencetown	21 *Create & Play - Playdough 10am - 11:30am @The Devenney Room, Bridgetown & Area Library, 38 Queen St, Bridgetown *Pre Natal Session #5 6 - 8pm @FM Lawrencetown	22 Middleton Playgroup 10 - 11:30am (new location) @MacDonald Museum, 21 School St, Middleton *Post Partum Mental Health & Wellness Session #3 10am - 12pm @FM Lawrencetown (Sign up with Public Health) Storywalk with Penny 1:30 - 2:30pm @Boardwalk in Annapolis	23 Baby Group 9:30 - 11:30am @FM Lawrencetown Annapolis Royal Parent-time & playgroup 10 - 11:30am (new location) @Annapolis Royal Library, 143 Ritchie Street, Annapolis Royal	24/25
26 *Learn to can #6 9:30 - 11:30am @Lawrencetown United Baptist, 430 Main St, Lawrencetown (sign up now closed) Board Meeting 12:30pm @FM Lawrencetown	27 *Junior Kindergarten 9:30 - 11:30am @FM Lawrencetown (Sign up required) Baby Group with Ashley Peach 1 - 2:30pm @FM Lawrencetown	28 *Create & Play - Halloween Craft 10am - 11:30am @Middleton Library, 45 gates Ave, Middleton *Pre Natal Session #6 6 - 8pm @FM Lawrencetown	29 Middleton Playgroup 10 - 11:30am (new location) @MacDonald Museum, 21 School St, Middleton *Post Partum Mental Health & Wellness Session #4 10am - 12pm @FM Lawrencetown (Sign up with Public Health) Storywalk with Penny 1:30 - 2:30pm @Rotary Park, Middleton	30 *Halloween Event 10 - 11:30am @Spurr Brothers Farm, 14145 Highway 1, Wilmot	31



FAMILY MATTERS HALLOWEEN EVENT!

COME OUT AND JOIN US
OCTOBER 30TH 2026 AT
SPURR BROTHERS FARM
14145 HIGHWAY 1, WILMOT

WE WILL BE DOING A STORY WALK
AND TRICK OR TREATING
10 - 11:30 AM
COME DRESSED UP AND READY FOR FUN!



PLEASE REGISTER BY CALLING 902-584-2210
OR WRITE US ON OUR FACEBOOK PAGE

