

May Newsletter

FAMILY MATTERS ACFRC

10 Middle Rd, Lawrencetown,
Nova Scotia, B0S 1M0.



Phone (902) 584 2210
www.family-matters.ca



BUILDING HAPPY, HEALTHY FAMILIES!

Our office is open: Monday - Friday 8am - 3pm

Family Matters - The Annapolis County Family Resource Centre is a non-profit organization in Annapolis County. Our Mission is to develop, co-ordinate & deliver programs, services & supports that are proven to promote the health & well being of children aged 0 - 18yrs and their families, guardians & caregivers in Annapolis County.

What's happening this month

Celebrate Mother's Day with us this month on Friday 8th May. Join us from 10 - 11:30am @ our main center in Lawrencetown for delightful morning of fun, crafts & a special snack - sign up required.

With the weather being nicer we have some park days planned for this month too. Join us from 10 - 11:30am @Rising Roots on 4th May, Rotary Park on 21st May & Grant Potter Memorial Park on 25th May.

We are closed Monday 18th May for Victoria Day

Sign up is required for events listed in blue on the calendar as spaces may be limited for some of these programs.

Call us on 904 584 2210 or message our FB Page to sign up.

Family Matters team



Upcoming Events

May 1, 15, 22 & 29: Baby group, 9:30 - 11:30am @FM Lawrencetown

May 1, 15, 22 & 29: Lawrencetown Playgroup, 9:30 - 11:30am @FM Lawrencetown

***May 4:** Rising Roots 10 - 11:30am @2546 Hwy 201, Tupperville NS

***May 5, 12 & 19:** Junior Kindergarten 9:30 - 11:30am @FM Lawrencetown (Sign up required)

May 5, 12, 19 & 26: Baby Group 1 - 2:30pm @FM Lawrencetown

***May 5, 12 & 19:** Amped Up Course (7wk program) 6-8pm @FM Lawrencetown

May 6, 13, 20: Bridgetown Parent-time & Playgroup 9:30 - 11:30am @Bridgetown Legion, 20 Jeffery St

May 7, 14 & 28: Middleton Playgroup, 10 - 11:30am @Middleton Library

***May 7:** First Bites (4wk program) 9:30am - 11:00am @FM Lawrencetown

Featured Group

This month come and try out our Friday Lawrencetown Playgroup. FREE to attend & no sign up required!

For: Parents & Caregivers with their children together in the same room.

When: Every Friday from 9:30 - 11:30am

Where: @ our main Family Matters Location in Lawrencetown

Our Kindergarten room here at Family matters is filled with all kinds of fun toys & equipment!

Children of all ages love to climb, swing or slide on our indoor climbing frame. But if that's not your thing we have plenty of toys to choose from: e.g. cars, dress up, blocks, a play kitchen, puzzles, books, a craft, our always popular playdough & more!

After everyone has had a chance to play together we take a break half way through to offer all children attending a healthy snack & then finish our session at the end with a circle time of stories & songs.



Join us for a... Special Mother's Day Brunch

A delightful morning filled with joy, crafts
and a lovely snack.



FRIDAY MAY 8TH
10-11:30AM
@FM
LAWRENCETOWN

Sign up required: Please
register by calling 902-
584-2210 or message
our Facebook Page



Upcoming Events Continued

***May 8:** Mother's Day Brunch
10 - 11:30am @FM
Lawrencetown

May 10: *HAPPY*
Mother's Day

May 11 & 25: Lawrencetown
Parent Time 9:30 - 11:30am
@FM Lawrencetown

May 11: Clementsport
Playgroup 9:30 - 11:30am
@Clementsport Legion, 2008
Hwy #1.

May 14 & 28: Single parents
Support Group 9:30 - 11:30am
@FM Lawrencetown

May 18: Victoria Day - **CLOSED**

***May 21:** Rotary Park, 10 -
11:30am @337 Marshall Street,
Middleton

***May 21:** Post Partum Mental
Heath & Wellness (Reunion)
10am - 12pm
@FM Lawrencetown

***May 25:** Grant Potter Park 10 -
11:30am @114 Saint George St,
Annapolis Royal

May 25: Board Meeting
12:30am @FM Lawrencetown

***May 25:** Book Club 6 - 7:30pm
@FM Lawrencetown

***May 26:** Field Trip - Mini Hearts
Ranch 10 - 11:30am @Mini
Hearts

***May 27:** Jubilee Park 10 -
11:30am @Jubilee Park, 228
Granville Street, Bridgetown

***June 1:** Fatherhood Matters
6 - 8pm @FM Lawrencetown
(Sign up required - Call Fatherhood
Matters at 902 679 9350 or email
coldford@fsens.ns.ca to sign up).

*Sign up required for above
programs in **blue!**

**Need a drive to come to our
groups & events?**

Limited FREE transportation may be
available on request. Call our main
office on 902 584 2210, message our
FB Page or call/email Rebecca
Dillman our transportation manager
at: 902 824 0085 or email
rebecca.familymatters@gmail.com

COME JOIN FAMILY MATTER'S AT MINI HEARTS RANCH

174 GRANT ROAD, PORT LORNE



10 - 11:30am
Tuesday 26th May

PLEASE REGISTER BY CALLING THE
OFFICE @ 902-584-2210 OR
MESSAGE THE FACEBOOK PAGE



Single Parents Supporting Single Parents

Are you a single parent looking for other Single parents to chat with?

Come to Family Matters new Bi-Weekly single parents support group. 9:30 to 11:30am @our main Family Matters Location in Lawrencetown.

Coffee, snacks and chat.
Free to attend & childcare available on site.

MAY GROUP DATES
MAY 14TH & 28TH
FROM 9:30 - 11:30AM

FREE to attend
No Sign up required
Call our office on
902 584 2210 or
message our FB Page
for more information



JOIN US @

GRANT POTTER MEMORIAL PARK

25 May | 10 - 11:30 AM

Grant Potter Memorial Park,
114 Saint George Street,
Annapolis Royal

Enjoy a morning of outside fun in this wonderful playground! Healthy snack provided for all children attending. Free to attend but sign up required.

Please Register by:

- Calling our office at 902 584 2210
- Or by messaging our Facebook Page

Parent Time Play Groups



Parents & Caregivers meet together for parenting advice, crafts, guest speakers, coffee and more while children are cared for in a play based environment and enjoy playtime, art, healthy snack, story time & more! FREE to attend & no sign up required.

Lawrencetown Parent-Time:
Monday mornings 9:30 -
11:30am @FM Lawrencetown

Bridgetown Parent Time & Playgroup:
Wednesday Mornings 9:30 - 11:30am,
@Bridgetown Legion, 20 Jeffery St,
Bridgetown.

Single Parents Support Group: Bi Weekly (14th & 28th May) 9:30 - 11:30am, @FM Lawrencetown



Parent/Caregiver & Baby/Child Interactive Playgroups

Join us at any of our parent/caregiver & baby/child interactive playgroups for playtime, art, healthy snack, story time and more. FREE to attend & no sign up required.

Clementsport Playgroup

Monday mornings
9:30 - 11:30am
@Clementsport
Legion, 2008 Hwy
#1, Clementsport.

Middleton Playgroup

Thursday mornings 10 -11:30 @The
Middleton Library, 45 Gates Ave,
Middleton.

Lawrencetown Playgroup

Friday mornings 9:30 - 11:30am at
Family Matters, Lawrencetown

Baby Mother Goose

Tuesday afternoons 1 - 2:30pm & Friday
mornings 9:30 - 11:30 at Family Matters,
Lawrencetown. Moms, Dads, Caregivers
and their babies (up to 18m) meet
together to enjoy playtime, crafts, songs,
rhymes, parenting discussions, occasional
guest speakers, and more.

Registered Programs

***Please call us on 902 584 2210 or message our Facebook Page to register for these programs.**

Book Club

2nd or 3rd Monday of the month from 6 -
7:30pm at Family Matters, Lawrencetown.

Join us once a month for the
discussion on last months book.
Books are provided and childcare
available on site.



Jr. Kindergarten Kids

Tuesdays 9:30-11:30am at Family Matters, Lawrencetown

A registered program for children starting pre-primary or primary in Fall 2026. They will enjoy a play based learning environment with stories, songs, crafts, games and more. Childcare is available for siblings and parent time program for moms and caregivers.



Family Matters Services

Ongoing as needed throughout the year

Lending Library

Come visit our main location or ask staff about our children's books, toys, resources and breast pump lending opportunities.

Car Seat Technicians

Need help installing a car seat? Want your car seat checked to make sure it is installed properly? Contact Rebecca, Ayla or Fiona to help you out at 902 584 2210 or message our FB page.

Mother Hubbard's Cupboard

Our community cupboard has moved off site. We have clothing, diapers, food & other baby items available. Open by appointment on Tuesdays, Wednesdays & Thursdays from 11am - 2pm. Call us or message our FB page to set up a time to visit. If you have anything that you would like to donate please check with staff.

Parenting Journey

Parenting Journey home visitors visit families in their homes (as requested by families) and offer support in the following areas: child/youth well being and development, parenting, family life management and community connectedness, linkages and referrals.

Drop in Play

@ Family Matters when playroom is available. Need a change of scenery? Just want to get out of the house. Drop in to Family Matters playroom for some playtime. Call ahead to make sure playroom is available.

Need to get in touch?



Contact us
by email:-

Miss Denise:

denise.familymatters2018@gmail.com

Miss Billie Jo:

billiejofamilymatters@gmail.com

Miss Jen:

jencfamilymatters@gmail.com

Miss Penny:

penny.familymatters@gmail.com

Miss Ayla:

aylamedicraft.p.j@gmail.com

Miss Rebecca:

rebecca.familymatters@gmail.com

Miss Fiona:

fiona.familymatters@gmail.com

Miss Paige:

paige.familymatters@gmail.com

Miss Colleen:

fhccfmannaco@gmail.com

Miss Katharine:

fhccfmlunco@gmail.com

Mr. Jonathan:

bookkeeperfm@gmail.com

Family Home Child Care Agency

Do you love working with children? Want to stay home with your children? Family Home Childcare is currently recruiting care providers!

Family Home Childcare gives you the opportunity to be self employed and work from the comfort of your own home by caring for children in the safe, healthy, home based environment that you create.

What are some of the Benefits of being a Regulated Family Matters Home Child Care Provider?

• Being 'approved' allows families peace of mind that you meet established standards through regular monitoring.

- Expenses are eligible to claim on income tax
- Approved providers can provide ALL families with fee reductions and subsidy to those who qualify
- Most equipment needed for approval is lent FREE of charge by the Family Home Childcare Agency.
- Resources & support from our Family Home Childcare Consultant
- Grants - Most start up costs can be helped through grants for: First Aid/CPR Level C, grocery start up etc.
- You set your own fees, hours, policies & daily routine!

Find more info at:-
www.familyhomechildcarens.ca

Family Home Child Care Providers

Going back to work? Need child care? Get in touch with our consultant to find an approved home in both Annapolis & Lunenburg Counties.

All Family Matters Homes Child Care Homes are supported by our consultants.

- For Annapolis County enquiries call Colleen Jodoin on 902 824 4249 or email: fhccfmannaco@gmail.com
- For Lunenburg County enquiries call Katharine Wile on 902 521 2757 or email fhccfmlunco@gmail.com



May 2026

Monday



Tuesday

Wednesday

Thursday

Friday

Saturday
/ Sunday

<p>All programs are FREE to attend</p> <ul style="list-style-type: none"> ● *Sign up required ● Parent Time Playgroups ● Parent/Child Interactive Playgroups 				1	2 / 3
4	5	6	7	8	9
<p>*Rising Roots Field Trip: 10 - 11:30am @2546 Hwy 201, Tupperville NS</p>	<p>*Junior Kindergarten 9:30 - 11:30am @FM Lawrencetown (Sign up required)</p> <p>Baby Group 1 - 2:30pm @FM Lawrencetown</p> <p>*Amped Up Course 6 - 8pm (#5 of 7wk program) @FM Lawrencetown (Sign up required)</p>	<p>Bridgetown Parent - time & Playgroup 9:30 - 11:30am @Bridgetown Legion, 20 Jeffery St, Bridgetown</p>	<p>Middleton Playgroup 10 - 11:30am @Middleton Library, 45 Gates Avenue, Middleton</p> <p>*First Bites (#3 of 4wk program) 9:30am - 11:00am @FM Lawrencetown</p>	<p>*Mother's Day Brunch 10 - 11:30am @FM Lawrencetown</p>	<p>10 Mother's Day</p> 
11	12	13	14	15	16 / 17
<p>Lawrencetown Parent-time 9:30 - 11:30am @FM Lawrencetown</p> <p>Clementsport Playgroup 9:30 - 11:30am @Clementsport Legion, 2008 Hwy #1.</p>	<p>*Junior Kindergarten 9:30 - 11:30am @FM Lawrencetown (Sign up required)</p> <p>Baby Group 1 - 2:30pm @FM Lawrencetown</p> <p>*Amped Up Course 6 - 8pm (#6 of 7wk program) @FM Lawrencetown (Sign up required)</p>	<p>Bridgetown Parent - time & Playgroup 9:30 - 11:30am @Bridgetown Legion, 20 Jeffery St, Bridgetown</p>	<p>Middleton Playgroup 10 - 11:30am @Middleton Library, 45 Gates Avenue, Middleton</p> <p>Single Parents Support Group 9:30 - 11:30am @FM Lawrencetown</p>	<p>Baby Group 9:30 - 11:30am @FM Lawrencetown</p> <p>Lawrencetown Playgroup 9:30 - 11:30am @FM Lawrencetown</p>	
18	19	20	21	22	23 / 24
<p>VICTORIA DAY</p>  <p>CLOSED No Programs</p>	<p>*Junior Kindergarten 9:30 - 11:30am @FM Lawrencetown (Sign up required)</p> <p>Baby Group 1 - 2:30pm @FM Lawrencetown</p> <p>*Amped Up Course 6 - 8pm (#7 of 7wk program) @FM Lawrencetown (Sign up required)</p>	<p>Bridgetown Parent - time & Playgroup 9:30 - 11:30am @Bridgetown Legion, 20 Jeffery St, Bridgetown</p>	<p>*Rotary Park 10 - 11:30am @337 Marshall Street, Middleton</p> <p>*Post Partum Mental Health & Wellness (Reunion) 10am - 12pm @FM Lawrencetown</p>	<p>Baby Group 9:30 - 11:30am @FM Lawrencetown</p> <p>Lawrencetown Playgroup 9:30 - 11:30am @FM Lawrencetown</p>	
25	26	27	28	29	30 / 31
<p>Parent-time 9:30 - 11:30am @FM Lawrencetown</p> <p>*Grant Potter Memorial Park 10 - 11:30am @114 Saint George St, Annapolis Royal</p> <p>Board Meeting 12:30pm @FM Lawrencetown</p> <p>*Book Club 6 - 7:30pm @FM Lawrencetown</p>	<p>*Mini Hearts Field Trip 10 - 11:30am @Mini Hearts (Sign up required)</p> <p>Baby Group 1 - 2:30pm @FM Lawrencetown</p>	<p>*Jubilee Park 10 - 11:30am @Jubilee Park, 228 Granville Street, Bridgetown</p>	<p>Single Parents Support Group 9:30 - 11:30am @FM Lawrencetown</p> <p>Middleton Playgroup 10 - 11:30am @Middleton Library, 45 Gates Avenue, Middleton</p>	<p>Baby Group 9:30 - 11:30am @FM Lawrencetown</p> <p>Lawrencetown Playgroup 9:30 - 11:30am @FM Lawrencetown</p>	



FATHERHOOD MATTERS
&
FAMILY MATTERS
PRESENTS



BBQ Party



Fun Games and Food
JUNE 1ST, 2026 - 6:00 PM

*Male-identifying caregivers and children 4+
Join us for an evening of BBQ food and fun!*

*Family Matters
Lawrencetown Consolidated School
10 Middle Rd, Lawrencetown, NS*

*Registration required!
Call/text Cindy: 902-679-9350
Email: coldford@familyservicens.ca*