"Building Happy, Healthy Families!"

Family Matters is a non-profit organization in Annapolis County. Our mission is to develop, coordinate and deliver programs, services, and supports that are proven to promote the health and well being of children aged 0-18 years and their families, guardians, and caregivers in Annapolis County.

Want to get in touch with us?

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Need a drive? Contact us on 902 584 2210 or message

our Facebook Page



Lawrencetown N.S.

BOS 1M0

902-584-2210

Check us out on Facebook: Family Matters, the **Annapolis County Family Resource Centre**

> Open Monday-Friday 8:00-3:00 www.family-matters.ca

UPCOMING EVENTS

MAY 1ST & 29TH - LITTLE SEEDS GARDENING GROUP

MAY 6TH - FOREST SCHOOL FIELD TRIP

MAY 7TH, 14TH & 21ST - WALKING FOR WELLNESS GROUP

MAY 9TH - MOTHER'S DAY PICNIC

MAY 18TH - AURORA SCOTT FUNDY HOLIDAY

MAY 20TH - VICTORIA DAY-CLOSED

MAY 22ND - ROO'S FIELD TRIP (AM) & LEGAL AID (EVE)

MAY 24TH - DJ MAD DADZ DANC€ PARTY

Upper Clements Playgroup

Mondays 9:30-11:30 at Upper Clements Community Hall 2951 Hwy 1, Upper Clements

Join us Monday mornings for a parent-child interactive playtime, art, snack, story time and more.

Wilmot Playgroup

Every Monday 9:30-11:30 Kinsman Club 209 Dodge Rd

Join us Monday mornings for a parent-child interactive playtime, art, snack, story time and more.

Book Club - 2nd or 3rd Monday of the month at 1:00pm at **Family Matters**

Join us once a month for the discussion on last month book. Books are provided and childcare is available. Sign up required.

Jr. Kindergarten Kids

Tuesdays 9:30-11:30 /Thursdays 1:00-3:00

at Family Matters

A registered program for children starting pre-primary or primary in Fall 2024. They will enjoy a play based learning environment with stories, songs, crafts, games and more.

Craft Club

3rd or 4th Tuesday afternoon of the month 1:00pm at Family Matters

Join us for craft club once a month. Adults make a craft to take home. Childcare is available.

Bridgetown Playgroup

Wednesday Mornings 9:30-11:30 Bridgetown Legion 20 Jeffery Street

Join us at the Bridgetown legion for a parent-child interactive playgroup. Snacks, arts , playtime and more!

Field trips

Ongoing throughout the year

Join us throughout the county for field trips at various location. Check out our calendar or Facebook page to see where we will be.

Middleton Parent Time

Thursday mornings 9:30-11:30 202 Main St. Middleton (St. John's United Church

Parents join Miss Jen for parenting advice, crafts, guest speakers, coffee and more while children are cared for in a play based environment.

Baby Mother Goose

Friday mornings 9:30-11:30 at Family Matters

Parents/caregivers and babies enjoy playtime, crafts, songs, rhymes and more. Childcare is available for older siblings.

Paradise Playgroup

Friday mornings 9:30-11:30 at Paradise Community Hall

Join us at the Paradise Hall for a parent-child interactive play time. Come let your children enjoy social interaction in a fun learning environment with art, playtime, snack and more.

Drop in Play

at Family Matters when playroom is available.

Need a change of scenery? Just want to get out of the house. Drop in to Family Matters playroom for some playtime. Call ahead to make sure playroom is available.

Legal Aid info session

at Family Matters, Lawrencetown

Info on Family law, Landlord/Tenant issues and your rights when interacting with police. May 22nd (doors open at 5:15pm) FREE supper will be provided.

Email RSVPlegalinfo@gmail.com to sign up.

Parenting Journey

Home visits as scheduled by home visitor

Parenting Journey home visitors visit families in their homes (as requested by families) and offer support in the following areas: child/youth well being and development, parenting, family life management and community connectedness, linkages and referrals.

Family Home Child Care Agency

Various homes in the Annapolis county supported by our consultant

Going back to work? Need child care? Get in touch with our consultant to find an approved home. Do you love working with children? Want to stay home with your children? Check with us on how you can become an approved child care home.

Car Seat Technicians

Ongoing as needed throughout the year

Need help installing a car seat? Want your car seat checked to make sure it is installed properly? Contact Ayla, Kourtney, Colleen or Fiona to help you out.

Lending Library

Ongoing as needed throughout the year

Come visit our main location or ask staff about our children's books, toys, resources and breast pump lending opportunities.

Mother Hubbard's Cupboard

Ongoing as needed throughout the year

Stop by Family Matters and visit our cupboards. Check out our clothing bins, diapers, baby food and other items available. If you have anything that you would like to donate please check with staff.





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Şaturday
	The Annadolis County Family Resolution	Sign up required for all events in red	Bridgetown Playgroup Little Seeds Gardening 1-2:30pm at Family Matters, Lawrencetown	Middleton Parent Time *Jr Kindergarten 1-2:30pm	Paradise Playgroup Baby group - Mother's day Craft pt 1	4
5	Forest School Field Trip - 10am Rising Roots, 2546 Highway 201, Tupperville	*Jr. Kindergarten Walking for wellness group 1:30 - 2:30pm Meeting at Rotary park, Middleton	8 Bridgetown Playgroup	9 Mother's Day Picnic 10am at the Middleton CARP wetland site *Jr Kindergarten 1-2:30pm	Paradise Playgroup - VCLA book making Baby group - Mother's day Craft Pt 2	11
12	Wilmot Playgroup Upper Clements Playgroup Book Club 1:00pm First Aid Course 8:30am - 4pm	*Jr. Kindergarten Walking for wellness group 1:30 - 2:30pm Meeting at the Sports Hub, Bridgetown	Field Trip - Endless Shores Book Shop, Bridgetown at 10am	Field Trip - Middleton Library at 10am *Jr Kindergarten 1-2:30pm	Paradise Playgroup Baby group	Fundy Holiday with Aurora Scott 1 - 3pm at Family Matters Lawrencetown
19	Victoria Day Family Matters office closed - no groups or programs today	*Jr. Kindergarten Walking for wellness group 1:30 - 2:30pm Meeting at Family Matters, Lawrencetown	Field Trip - Roo's Playhouse, Greenwood at 10am Legal Aid info session (doors open at 5:15pm) at Family Matters Lawrencetown	Middleton Parent Time *Jr. Kindergarten 1-2:30pm	Paradise Playgroup Baby group DJ Mad Dadz Dance Party 6 - 7:30pm at Family Matters Lawrencetown	25
26	Frenchy's trip playgroup - at the Wilmot Playgroup Board Meeting 12:30pm	*Jr. Kindergarten	Bridgetown Playgroup Little Seeds Gardening 1-2:30pm at Family Matters Lawrencetown	*Jr. Kindergarten 1-2:30pm	Paradise Playgroup Baby group	June 1 Fundy Holiday with Aurora Scott 1 - 3pm at Family Matters Lawrencetown