

Family Matters  
10 Middle Rd.  
Lawrencetown  
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BOS 1MO

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# JUNE 2024 NEWSLETTER

"Building Happy, Healthy Families!"

[www.family-matters.ca](http://www.family-matters.ca)

Family Matters - The Annapolis County Family Resource Centre is a non-profit organization in Annapolis County. Our mission is to develop, coordinate, deliver programs, services and supports that are proven to promote the health and well being of children aged 0-18 years and their families, guardians, and caregivers in Annapolis County.

## Upcoming Events

June 10th - Book Club @ 1pm  
June 11th - Changing Minds with Dawn Scott pt 1  
June 12th - Changing Minds with Dawn Scott pt 2  
June 13th - Junior Kindergarten graduation 10am  
June 14th - Father's day family Picnic at the greenwood base  
June 18th - Changing Minds with Dawn Scott pt 3  
June 19th - Changing Minds with Dawn Scott pt 4  
June 19th - Craft Club 1 - 2:30pm at Family Matters  
June 22nd - Family Matters Picnic 10am - 12:30pm at the Margaretsville community Hall, Margaretsville  
June 25th - Campfire cooking 10am @ Hampton Beach  
June 27th - Canada day Party 10am @ Upper Clements Picnic Park

Want to get in touch with us?

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Need a drive? Contact us on 902 584 2210 or message our  
Facebook Page Facebook Page.

**Our office is open :- Monday - Friday 8:00am - 3:00pm**

## Upper Clements Playgroup

**Mondays 9:30-11:30 at Upper Clements Community Hall 2951 Hwy 1, Upper Clements**

Join us Monday mornings for a parent-child interactive playtime, art, snack, story time and more.

## Wilmot Playgroup

**Every Monday 9:30-11:30 Kinsman Club 209 Dodge Rd**

Join us Monday mornings for a parent-child interactive playtime, art, snack, story time and more.

**Book Club - 2nd or 3rd Monday of the month at 1:00pm at Family Matters**

Join us once a month for the discussion on last month book. Books are provided and childcare is available. Sign up required.

## Jr. Kindergarten Kids

**Tuesdays 9:30-11:30 /Thursdays 1:00-3:00 at Family Matters**

A registered program for children starting pre-primary or primary in Fall 2024. They will enjoy a play based learning environment with stories, songs, crafts, games and more. Childcare is available for younger siblings and parent time program for moms and caregivers.

## Craft Club

**3rd or 4th Tuesday afternoon of the month 1:00pm at Family Matters**

Join us for craft club once a month. Adults make a craft to take home. Childcare is available.

## Bridgetown Playgroup

**Wednesday Mornings 9:30-11:30 Bridgetown Legion 20 Jeffery Street**

Join us at the Bridgetown legion for a parent-child interactive playgroup. Snacks, arts , playtime and more!

## Field trips

### Ongoing throughout the year

Join us throughout the county for field trips at various location. Check out our calendar or Facebook page to see where we will be.

## Middleton Parent Time

### Thursday mornings 9:30-11:30 202 Main St. Middleton (St. John's United Church

Parents join Miss Jen for parenting advice, crafts, guest speakers , coffee and more while children are cared for in a play based environment.

## Baby Mother Goose

### Friday mornings 9:30-11:30 at Family Matters

Parents/caregivers and babies enjoy playtime , crafts, songs, rhymes and more. Childcare is available for older siblings.

## Paradise Playgroup

### Friday mornings 9:30-11:30 at Paradise Community Hall

Join us at the Paradise Hall for a parent-child interactive play time. Come let your children enjoy social interaction in a fun learning environment with art , playtime , snack and more.

## Drop in Play

### at Family Matters when playroom is available.

Need a change of scenery? Just want to get out of the house. Drop in to Family Matters playroom for some playtime. Call ahead to make sure playroom is available.

## Changing Minds with CMHA

### 9am-12pm June 11,12,18 &19 at Family Matters, Lawrencetown

This 4 part course is a helpful tool for those who are supporting someone who lives with a mental illness, have someone in their life who lives with a mental illness or anyone who wants to increase their understanding of mental health and mental illness. Course is free to attend but sign up is required as spaces are limited. Participants must attend all 4 sessions to complete course & receive certification. Childcare will be available.

## Father's Day family picnic

### Greenwood base playground (on Church St)

Join us at 10am June 14th for a fun morning of play with a picnic.

## Family Matters Picnic

### 10am - 12:30pm June 22nd at the Margaretsville Community Hall, Margaretsville

Join us for a fun morning with Matt the Music Man, local author Lauren Soloy, games, picnic and more.

## Canada Day Party

### 10 - 11:30am June 27th at Upper Clements Picnic Park 2895 Highway 1, Upper Clements

Get a head start on your Canada Day celebrations with a fun morning of games, stories, songs and a picnic.

## Parenting Journey

### Home visits as scheduled by home visitor

Parenting Journey home visitors visit families in their homes (as requested by families) and offer support in the following areas: child/youth well being and development, parenting, family life management and community connectedness, linkages and referrals.

## Family Home Child Care Agency

### Various homes in the Annapolis county supported by our consultant

Going back to work? Need child care? Get in touch with our consultant to find an approved home . Do you love working with children? Want to stay home with your children? Check with us on how you can become an approved child care home.

## Car Seat Technicians

### Ongoing as needed throughout the year

Need help installing a car seat? Want your car seat checked to make sure it is installed properly? Contact Ayla , Kourtney , Colleen or Fiona to help you out.

## Lending Library

### Ongoing as needed throughout the year

Come visit our main location or ask staff about our children's books, toys, resources and breast pump lending opportunities.

## Mother Hubbard's Cupboard

### Ongoing as needed throughout the year




Stop by Family Matters and visit our cupboards. Check out our clothing bins, diapers, baby food and other items available. If you have anything that you would like to donate please check with staff.



**Please note :-** The Lawrencetown Elementary School play areas are only open to the public out of school hours and during holidays. No Admittance at all other times.

# JUNE 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p style="color: red; text-align: center;"><b>Sign up required for all events in red</b></p>				<b>1</b>
<b>2</b>	<b>3</b> Wilmot Playgroup  Upper Clements Playgroup	<b>4</b> *Jr. Kindergarten	<b>5</b> Bridgetown Playgroup	<b>6</b> Middleton Parent Time  *Jr. Kindergarten 1-2:30pm	<b>7</b> Baby Group and Paradise Playgroup trip to Rotary Park, Middleton 10-11:30am	<b>8</b>
<b>9</b>	<b>10</b> Book Club 1:00pm	<b>11</b> <span style="color: red;">Changing Minds Part 1 with Dawn Scott 9am—12pm</span>	<b>12</b> <span style="color: red;">Changing Minds Part 2 with Dawn Scott 9am—12pm</span>	<b>13</b> *Jr. Kindergarten Graduation 9:30-11:30am At Family Matters, Lawrencetown	<b>14</b> <span style="color: red;">Father's Day Family Picnic 10am At the Greenwood Base Playground (church St)</span>	<b>15</b>
<b>16</b>  <b>Father's Day</b>  	<b>17</b> Grant Potter Memorial Park, Annapolis Royal 10-11:30am	<b>18</b> <span style="color: red;">Changing Minds Part 3 with Dawn Scott 9am—12pm</span>	<b>19</b> <span style="color: red;">Changing Minds Part 4 with Dawn Scott 9am—12pm</span>  Craft Club 1-2:30pm	<b>20</b> Rotary Park, Middleton 10-11:30am	<b>21</b> Family Matters Online Storytime	<b>22</b> <span style="color: red;">Family Matters Picnic, 10am—12:30pm at the Margaretsville Community Hall, 1 Seaman St, Margaretsville</span>
<b>23</b>	<b>24</b> Greenwood Sensory playground (on Ward Road along from post office) 10-11:30am  Board Meeting 12:30pm	<b>25</b> <span style="color: red;">Campfire cooking @ Hampton Beach 10 - 11:30am</span>	<b>26</b> Parent-time @FM Lawrencetown 9:30-11:30am	<b>27</b> <span style="color: red;">Canada Day Party @ Upper Clements Picnic Park (UCPP) 2895 Highway 1, Upper Clements 10-11:30am</span>	<b>28</b>	<b>June 29</b>  
<b>30</b>						