# Family Matters, The Annapolis County Family Resource Centre

"Building Happy, Healthy Families!"

**April** 2024

Family Matters is a non-profit organization in Annapolis County. Our mission is to develop, coordinate and deliver programs, services, and supports that are proven to promote the health and well being of children aged 0-18 years and their families, guardians, and caregivers in Annapolis County.

Want to get in touch with us?

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Need a drive? Contact Miss Kourtney either at Family Matters or call/text her at 902-824-3162



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BOS 1M0

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Check us out on Facebook: Family Matters, the Annapolis County Family Resource Centre

Open Monday-Friday 8:30-4:00 www.family-matters.ca

APRIL 6, 13, 20 MY FUNDY HOLIDAY 1-3PM

APRIL 11 PARK DAY ROTARY PARK 10:00AM

APRIL 17 ANNAPOLIS AMBRE'S AWESOME ANIMALS AT BRIDGETOWN PLAY-GROUP

APRIL 23 FAMILY SKATE LAWRENCETOWN YOUTH ARENA 5-6:30

APRIL 29 BATCH COOKING UPPER CLEMENTS COMMUNITY HALL

APRIL 27 INTERACTIVE CONCERT WITH AURORA SCOTT 1-3PM

#### **Upper Clements Playgroup**

Mondays 9:30-11:30 at Upper Clements Community Hall 2951 Hwy 1, Upper Clements

Join us Monday mornings for a parent-child interactive playtime, art, snack, story time and more.

## Wilmot Playgroup

Mondays 9:30-11:30 Kinsman Club 209 Dodge Rd

Join us Monday mornings for a parent-child interactive playtime, art, snack, story time and more.

### **Book Club**

2nd or 3rd Monday of the month at 1:00pm at Family Matters

Join us once a month for the discussion on last month book. Books are provided and childcare is available. Sign up required.

#### Jr. Kindergarten Kids

Tuesdays 9:30-11:30 /Thursdays 1:00-2:30

## at Family Matters

A registered program for children starting pre-primary or primary in Fall 2024. They will enjoy a play based learning environment with stories, songs, crafts, games and more. Childcare is available for younger siblings and parent time program for moms and caregivers.

#### Craft Club

# 3rd or 4th Tuesday afternoon of the month 1:00pm at Family Matters

Join us for craft club once a month. Adults make a craft to take home. Childcare is available.

### **Bridgetown Playgroup**

# Wednesday Mornings 9:30-11:30 Bridgetown Legion 20 Jeffery Street

Join us at the Bridgetown legion for a parent-child interactive playgroup. Snacks, arts , playtime and more!

# Field trips/Park days

# Various locations throughout the county

Join us throughout the county for field trips or park days at various location. Check out our calendar or facebook page to see where we will be.

#### **Middleton Parent Time**

# Thursday mornings 9:30-11:30 202 Main St. Middleton (St. John's United Church

Parents join Miss Fiona for parenting advice, crafts, guest speakers, coffee and more while children are cared for in a play based environment.

#### **Baby Mother Goose**

#### Friday mornings 9:30-11:30 at Family Matters

Parents/caregivers and babies enjoy playtime, crafts, songs, rhymes and more. Childcare is available for older siblings.

#### **Paradise Playgroup**

# Friday mornings 9:30-11:30 at Paradise Community Hall

Join us at the Paradise Hall for a parent-child interactive play time. Come let your children enjoy social interaction in a fun learning environment with art, playtime, snack and more.

#### **Drop in Play**

#### at Family Matters when playroom is available.

Need a change of scenery? Just want to get out of the house. Drop in to Family Matters playroom for some playtime. Call ahead to make sure playroom is available.

## **Parenting Journey**

#### Home visits as scheduled by home visitor

Parenting Journey home visitors visit families in their homes (as requested by families) and offer support in the following areas: child/youth well being and development, parenting, family life management and community connectedness, linkages and referrals.

# **Family Home Child Care Agency**

# Various homes in the Annapolis county supported by our consultant

Going back to work? Need child care? Get in touch with our consultant to find an approved home. Do you love working with children? Want to stay home with your children? Check with us on how you can become an approved child care home.

#### **Car Seat Technicians**

# Ongoing as needed throughout the year

Need help installing a car seat? Want your car seat checked to make sure it is installed properly? Contact Ayla, Kourtney, Colleen or Fiona to help you out.

#### **Lending Library**

## Ongoing as needed throughout the year

Come visit our main location or ask staff about our children's books, toys, resources and breast pump lending opportunities.

## **Mother Hubbard's Cupboard**

# Ongoing as needed throughout the year

Stop by Family Matters and visit our cupboards. Check out our clothing bins, diapers, baby food and other items available. If you have anything that you would like to donate please check with staff.

