

Family Matters, The Annapolis County Family Resource Centre

"Building Happy, Healthy Families!"

September 2023

Family Matters is a non-profit organization in Annapolis County. Our mission is to develop, coordinate and deliver programs, services, and supports that are proven to promote the health and well being of children aged 0-18 years and their families, guardians, and caregivers in Annapolis County.

Want to get in touch with us?

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Miss Colleen: fhdcfamilymatters@gmail.com

Mr. Jonathan: fhccfmoffice@gmail.com

Need a drive? Contact Miss Kourtney either at Family Matters or call/text her at 902-824-3162



10 Middle Rd

Lawrencetown N.S.

B0S 1M0

902-584-2210

Check us out on Facebook: **Family Matters, the Annapolis County Family Resource Centre**

Open Monday-Friday 8:30-4:00

www.family-matters.ca

Upper Clements Playgroup

**Mondays 9:30-11:30 at Upper Clements Community Hall
2951 Hwy 1, Upper Clements**

Join us Monday mornings for a parent-child interactive playtime, art, snack, story time and more.

Wilmot Playgroup

Every Monday 9:30-11:30 Kinsman Club 209 Dodge Rd

Join us Monday mornings for a parent-child interactive playtime, art, snack, story time and more.

Book Club

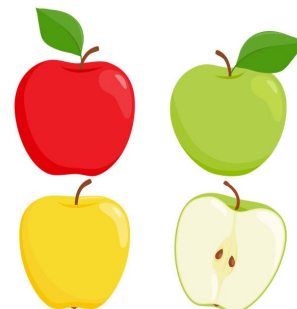
2nd or 3rd Monday of the month at 1:00pm at Family Matters

Join us once a month for the discussion on last month book. Books are provided and childcare is available. Sign up required.

Jr. Kindergarten Kids

Tuesdays 9:30-11:30 at Family Matters

A registered program for children starting pre-primary or primary in Fall 2024. They will enjoy a play based learning environment with stories, songs, crafts, games and more. Childcare is available for younger siblings and parent time program for moms and caregivers.



Craft Club

3rd or 4th Tuesday afternoon of the month 1:00pm at Family Matters

Join us for craft club once a month. Adults make a craft to take home. Childcare is available.

Bridgetown Playgroup

Wednesday Mornings 9:30-11:30 Bridgetown Legion 20 Jeffery Street

Join us at the Bridgetown legion for a parent-child interactive playgroup. Snacks, arts , playtime and more!

Field trips

Wednesday Mornings 10-11:30 at various locations throughout the county

Join us throughout the county for field trips at various location. Check out our calendar or facebook page to see where we will be.

Baby Mother Goose

Thursday 9:30-11:30 at Family Matters

Parents/caregivers and babies enjoy playtime , crafts, songs, rhymes and more. Childcare is available for older siblings.

Middleton Parent Time—Effective Parenting 101

Thursday mornings 9:30-11:30 202 Main St. Middleton (St. John's United Church

Do you find parenting stressful? Do you wish you could nag less and connect more with your child more? Do you struggle when to know what to do when your child misbehaves? For more information contact Ayla at 902-824-0822 or AylaMedi-craft.p.j@gmail.com. This is a closed 8 week program and pre registration is required. Child care is available on site.

Paradise Playgroup

Friday mornings 9:30-11:30 at Paradise Community Hall

Join us at the Paradise Hall for a parent-child interactive play time. Come let your children enjoy social interaction in a fun learning environment with art , playtime , snack and more.

Drop in Play

at Family Matters when playroom is available.

Need a change of scenery ? Just want to get out of the house. Drop in to Family Matters playroom for some play-time. Call ahead to make sure playroom is available.

Parenting Journey

Home visits as scheduled by home visitor

Parenting Journey home visitors visit families in their homes (as requested by families) and offer support in the following areas: child/youth well being and development, parenting, family life management and community connectedness, linkages and referrals.

Family Home Child Care Agency

Various homes in the Annapolis county supported by our consultant

Going back to work? Need child care? Get in touch with our consultant to find an approved home . Do you love working with children? Want to stay home with your children? Check with us on how you can become an approved child care home.

Car Seat Technicians

Ongoing as needed throughout the year

Need help installing a car seat? Want your car seat checked to make sure it is installed properly? Contact Ayla , Kourtney , Colleen or Fiona to help you out.

Lending Library

Ongoing as needed throughout the year

Come visit our main location or ask staff about our children's books, toys, resources and breast pump lending opportunities.

Mother Hubbard's Cupboard

Ongoing as needed throughout the year

Stop by Family Matters and visit our cupboards. Check out our clothing bins, diapers, baby food and other items available. If you have anything that you would like to donate please check with staff.

