


# July 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>2</b>	<b>3</b> Office closed in lieu of Canada Day	<b>4</b> Field trip Summerland Nursery @ 10:00	<b>5</b> *Back to the Basics Cooking Session #1 @ 9:30 <b>Limited Spaces, Participants will be contacted.</b>	<b>6</b> Mental Health Stress Busters with Jen! and School's Plus @ 10:00	<b>7</b> Stroller Walk At Bridgetown Community Sports Hub 10:00	<b>8</b>
<b>9</b>	<b>10</b>	<b>11</b> Big Life Journal with Jen & Ayla @ 10:00  Craft Club @ 1	<b>12</b> *Back to the Basics Cooking Session #2 @ 9:30	<b>13</b> Roo's Playhouse @ 10:00	<b>14</b> Baby group at Family Matters 10:00	<b>15</b>
<b>16</b>	<b>17</b>	<b>18</b> Raven Haven 10:00	<b>19</b> *Back to the Basics Cooking Session #3 @ 9:30	<b>20</b> Positive Mental Health with Lorelee @ 10:00	<b>21</b> Stroller Walk at Rotary Park 10:00	<b>22</b>
<b>23</b>	<b>24</b> Craft Club @ 10:00	<b>25</b> Cornwallis Beach @ 10:00	<b>26</b> *Back to the Basics Cooking Session #4 @ 9:30	<b>27</b> Mental Health Art Fun with Jen and Lori @ 10:00	<b>28</b> Baby group at Family Matters at 10:00	<b>29</b>
<b>30</b>	<b>31</b> Book Club @ 1:00					

**All programs begin at 9:30am unless otherwise stated. If schools are closed due to weather in the Annapolis County we are closed as well. \*Pre registration required for these programs.**