

Table 11: Mixing and Using a Disinfectant/Sanitizer

Using Household Bleach [Original strength approx. 5.25% sodium hypochlorite]		
To Disinfect/Sanitize	Dilution	Method
Bathrooms, diaper change tables, toys, water tables, sleep mats, chairs, general surfaces	Mix 2 teaspoons (tsp) [10 mL] of bleach to each litre of water Approximately 500 parts per million (ppm) chlorine	<ul style="list-style-type: none"> • Apply to a cleaned surface • Leave on the surface for 2 minutes • Allow to air dry • Surfaces such as diaper change tables and potties can be wiped dry after 30 seconds with a clean, single-use paper towel
Food contact surfaces, dishes, eating utensils, toys that children put in their mouths	Mix ½ tsp [2.5 mL] – 1 tsp [5 mL] of bleach to each litre of water Approximately 100 ppm of chlorine	<ul style="list-style-type: none"> • Immerse cleaned object in sanitizer solution for 2 minutes or spray on surfaces and allow to stand for at least 2 minutes • Surface may be wiped with a clean, single-use paper towel
Surfaces contaminated with blood, feces, vomit, or other bodily fluids	Mix 7 tablespoons [Tbsp] [100 mL] of bleach to each litre of water Approximately 5000 ppm of chlorine	<ul style="list-style-type: none"> • Apply to a cleaned surface • Leave on the surface for 30 seconds • Allow to air dry • Adequate ventilation must be provided
Using Quaternary Ammonia Compounds		
To Disinfect/Sanitize	Dilution	Method
Food contact surfaces, dishes, eating utensils, toys that children put in their mouths	200 ppm	<ul style="list-style-type: none"> • Follow manufacturer's instructions

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