

Soldiers' Memorial Hospital  
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5 Chipman Drive  
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# Promoting Positive Behaviours in Children

## Fall 2022

September 20 - November 8, 2022  
Tuesday evenings 6:00-8:00pm  
Family Matters Resource Centre, Lawrencetown

To register contact:  
[Frankie.bent@nshealth.ca](mailto:Frankie.bent@nshealth.ca)

OR

October 13-December 1, 2022  
Thursday mornings, 9:30-11:30am  
Telehealth Zoom

To register contact:  
[sarah.swinamer@nshealth.ca](mailto:sarah.swinamer@nshealth.ca)

OR

October 13 - December 1, 2022  
Thursday mornings, 9:30-11:30am  
Room 2B, Hants Community Hospital, 89 Payzant Dr., Windsor

To register contact:  
[MichelleR.Williams@nshealth.ca](mailto:MichelleR.Williams@nshealth.ca)

An 8-week course for **parents/caregivers** of children between 3 and 12 years.

Topics include

- Why children misbehave
- Positive attention
- Increasing cooperation and independence
- Reward and incentive programs
- Effective discipline strategies
- Improving school behaviours
- Managing behaviours in public

For whom

- Any parent / guardian / caregiver, but especially those managing non-compliant, oppositional, or stubborn children (**children do not participate in group sessions**)
- Parents of children diagnosed with ADHD, ADD and ODD
- Parents looking for education, support and assistance

There is **no fee** to participate.

For more information, call 1-855-273-7110