

Family Matters, The Annapolis County Family Resource Centre

"Building Happy, Healthy Families!"

June 2022

Family Matters is a non-profit organization in Annapolis County. Our mission is to develop, coordinate and deliver programs, services, and supports that are proven to promote the health and well being of children aged 0-18 years and their families, guardians, and caregivers in Annapolis County.

Want to get in touch with us?

Miss Denise: denise.familymatters2018@gmail.com

Miss Billie Jo: billiejofamilymatters@gmail.com

Miss Courtney: kourtneymbailey@gmail.com

Miss Jen: jencfamilymatters@gmail.com

Miss Penny: pennyerafuse@gmail.com

Miss Ayla: aylamedicraft.p.j@gmail.com

Miss Fiona: fiona.familymatters@gmail.com

Miss Paige: paige.familymatters@gmail.com

Miss Roberta: roberta.familymatters@gmail.com

Miss Colleen: fhdcfamilymatters@gmail.com

Need a drive? Contact Miss Courtney either at Family Matters or call/text her at 902-824-3162



The Annapolis County
Family Resource Centre

10 Middle Rd

Lawrencetown N.S.

B0S 1M0

902-584-2210

**Check us out on Facebook: Family Matters, the
Annapolis County Family Resource Centre**

Open Monday-Friday 8:30-4:00

www.family-matters.ca

We ask that you please pre-register for our programs before you attend. Call the office, email or message our Facebook page to let us know you are coming the week prior to that program. We also ask that you make sure you or your children do not have any of the following symptoms before attending our programs: fever, cough, sore throat, runny nose/nasal congestion, headache or shortness of breath.

Summer 2022 Programming!!!

Join us this summer for park days and field trips at various locations in the county. This summer we are offering "I can can, Can you? a canning program for families. Fridays in July and August check out our Facebook page to find out our mystery location.

Kingston Playgroup

Mondays 9:30-11:30 at the Autism Center 565 Main St,

Kingston Vaccination required

Join us Monday mornings at the Autism Center for a parent/child interactive playgroup. Snack is provided. Sign up required as spaces are limited.

Baby Mother Goose

Mondays 9:30-11:30 at Family Matters

Parents/caregivers and babies enjoy playtime, crafts, songs, rhymes and more. Childcare is available for older siblings.

Jr. Kindergarten Kids

Tuesdays 9:30-11:30 at Family Matters

A registered program for children starting pre-primary or primary in Fall 2022. They will enjoy a play based learning environment with stories, songs, crafts, games and more. Childcare is available for younger siblings and parent time program for moms and caregivers.



Book Club

2nd or 3rd Monday of the month at 1:00pm at Family Matters

Join us once a month for the discussion on last months book. Books are provided and childcare is available. Sign up required.

Craft Club

Second/Third Tuesday afternoon of the month 1:00pm at Family Matters

Join us for craft club once a month. Adults make a craft to take home. Childcare is available.

Middleton Parent Time

Thursday mornings 9:30-11:30 202 Main St. Middleton (St. John's United Church

Parents enjoy time with other parents with some parenting education, guest speakers, crafts and more, while children have the opportunity to interact with their peers in a play based learning environment.

Breakfast and Books

Friday mornings 9-10:30 at Family Matters

Join us at Family Matters for our new program . Breakfast will be provided followed by story time and playtime.

Paradise Playgroup

Fridays mornings 9:30-11:30 at Paradise Community Hall

Join us for a parent-child interactive playgroup once a week. Come play, make art , have a snack and circle time.

I can can, Can you?

Wednesday mornings 9:30-1130 at Family Matters starting June 29

Join us to learn some basic canning skills. We will be making jam, jelly, pickles and more. Child care available. Sign up is required as we are only taking a limited amount of families.



Parenting Journey

Home visits as scheduled by home visitor

Parenting Journey home visitors visit families in their homes (as requested by families) and offer support in the following areas: child/youth well being and development, parenting, family life management and community connectedness, linkages and referrals.

Family Home Child Care Agency

Various homes in the Annapolis county supported by our consultant

Going back to work? Need child care? Get in touch with our consultant to find an approved home . Do you love working with children? Want to stay home with your children? Check with us on how you can become an approved child care home.

Car Seat Technicians

Ongoing as needed throughout the year

Need help installing a car seat? Want your car seat checked to make sure it is installed properly? Contact Ayla or Kourtney to help you out.

Lending Library

Ongoing as needed throughout the year

Come visit our main location or ask staff about our children's books, toys, resources and breast pump lending opportunities.

Mother Hubbard's Cupboard

Ongoing as needed throughout the year

Stop by Family Matters and visit our cupboards. Check out our clothing bins, diapers, baby food and other items available. If you have anything that you would like to donate please check with staff.

