

Family Matters, The Annapolis County Family Resource Centre

"Building Happy, Healthy Families!"

July 2022

Family Matters is a non-profit organization in Annapolis County. Our mission is to develop, coordinate and deliver programs, services, and supports that are proven to promote the health and well being of children aged 0-18 years and their families, guardians, and caregivers in Annapolis County.

Want to get in touch with us?

Miss Denise: denise.familymatters2018@gmail.com

Miss Billie Jo: billiejofamilymatters@gmail.com

Miss Kourtney: kourtneymbailey@gmail.com

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Miss Fiona: fiona.familymatters@gmail.com

Miss Paige: paige.familymatters@gmail.com

Miss Roberta: roberta.familymatters@gmail.com

Miss Colleen: fhdcfamilymatters@gmail.com

Mr. Jonathon: fhccfmoffice@gmail.com

Need a drive? Contact Miss Kourtney either at Family Matters or call/text her at 902-824-3162



The Annapolis County
Family Resource Centre

10 Middle Rd

Lawrencetown N.S.

B0S 1M0

902-584-2210

**Check us out on Facebook: Family Matters, the
Annapolis County Family Resource Centre**

Open Monday-Friday 8:30-4:00

www.family-matters.ca

We ask that you please pre-register for our programs before you attend. Call the office, email or message our Facebook page to let us know you are coming the week prior to that program. We also ask that you make sure you or your children do not have any of the following symptoms before attending our programs: fever, cough, sore throat, runny nose/nasal congestion, headache or shortness of breath.

I can can, can you?

Wednesday mornings 9:30-1130 at Family Matters June 29, July 6, 13,20, August 4,11

Join us to learn some basic canning skills. We will be making jam, jelly, pickles and more. Child care available. Sign up is required as we are only taking a limited amount of families.

Park days and Field Trips

Thursday Mornings 10:00am at various locations in the county

Join us as different parks, playgrounds and beaches weekly. Come out to play and explore the beautiful outdoors. Snack provided.

Fantastic Fridays

Fridays 10:00 July 8, 15, 22 at 10:00am at various locations in the county

Friday mornings in July check out our Facebook page or call the office 902-584-2210 to find out the mystery location where Family Matters will be going and come join us!!





Parenting Journey

Home visits as scheduled by home visitor

Parenting Journey home visitors visit families in their homes (as requested by families) and offer support in the following areas: child/youth well being and development, parenting, family life management and community connectedness, linkages and referrals.

Family Home Child Care Agency

Various homes in the Annapolis county supported by our consultant

Going back to work? Need child care? Get in touch with our consultant to find an approved home . Do you love working with children? Want to stay home with your children? Check with us on how you can become an approved child care home.

Car Seat Technicians

Ongoing as needed throughout the year

Need help installing a car seat? Want your car seat checked to make sure it is installed properly? Contact Ayla, Courtney, Colleen or Fiona to help you out.

Lending Library

Ongoing as needed throughout the year

Come visit our main location or ask staff about our children's books, toys, resources and breast pump lending opportunities.

Mother Hubbard's Cupboard

Ongoing as needed throughout the year

Stop by Family Matters and visit our cupboards. Check out our clothing bins, diapers, baby food and other items available. If you have anything that you would like to donate please check with staff.

