

Soldiers' Memorial Hospital
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Promoting Positive Behaviours in Children

Winter 2022

January 25, 2022 - March 22, 2022
Tuesday mornings 9:30-11:30am
Telehealth Zoom

To Register contact:
Frankie.bent@nshealth.ca

An 8 week course for parents/caregivers of children between 3 and 12 years.

Topics include

- Why children misbehave
- Positive attention
- Increasing cooperation and independence
- Reward and incentive programs
- Effective discipline strategies
- Improving school behaviours
- Managing behaviours in public

For whom

- Any parent / guardian / caregiver, but especially those managing non-compliant, oppositional, or stubborn children (**children do not participate in group sessions**)
- Parents of children diagnosed with ADHD, ADD and ODD
- Parents looking for education, support and assistance

There is **no fee** to participate.

For more information, call 1-855-273-7110

*In choosing to participate in the group over Zoom for healthcare, please know that your name and video will be seen not only by the group presenter but also by all the other participants. We are hoping to encourage participation in the virtual group in a similar way to a group that you would attend in person. You will not be required to say anything, but we will welcome participation. We will not be recording the session and this function has been disabled for all participants.