

# Family Matters, The Annapolis County Family Resource Center

"Building Happy, Healthy Families!"

## Summer 2019

Family Matters is a non-profit organization in Annapolis County. Our mission is to develop, coordinate and deliver programs, services, and supports that are proven to promote the health and well being of children aged 0-18 years and their families, guardians, and caregivers in Annapolis County.

Want to get in touch with us?

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Need a drive? Contact Miss Kourtney either at Family Matters or call/text her at 902-824-3162



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[www.family-matters.ca](http://www.family-matters.ca)

Check us out on Facebook: [Family Matters, the](#)

[Annapolis County Family Resource Center](#)

Open Monday-Friday 8:30-4:00

**This summer at Family Matters:**

### The Amazing Race

Join us for Family Matters Amazing Race summer 2019. See staff to receive your passport (available June 26 at Oaklawn Farm) to keep track of all the summer activities with Family Matters this summer.

Field Trips included in the Amazing Race are Oaklawn Farm, Ross Farm, Habitation, Fort Anne, Fisherman's Museum, Keji and Grand Pre.

Along with the field trips there will also be 5 cooking sessions held at Family Matters. These will include cultural cooking experiences from Scotland, England, Philippines, Acadian food and a traditional Nova Scotian meal.

We also have park days planned at playgrounds and beaches throughout the county such as Greenwood playground, Rotary Park and Cornwallis Beach. Check out the calendar for dates and times .

### Heart of the Valley

Family Matters will be set up for Heart of the Valley at Rotary Park July 20 from 11-5.

### Annapolis Valley Exhibition

Family Matters will once again be participating in the Lawrencetown Exhibition being held this year from August 12-17, 2019. Find us in the youth arena with our diaper change table, breast feeding friendly area and lots of fun activities for children. We have a larger space this year and will be offering a different theme everyday.

### Autos for Autism

Family Matters will be at Autos for Autism August 24 at the Credit union center 10-3. It is there 2nd annual car show fundraiser. All proceeds go to children, teens and adults with autism in Nova Scotia. Join Miss Penny with her sensory area.